

Services Overview

Personalized care.
Premium service.



Who we are

We're a national network of highly skilled medical professionals dedicated to improving patient outcomes and helping Canadians lead happier, healthier lives.

From preventive health to primary care, mental health, occupational health and beyond, our over 800-member team has the medical expertise, experience and know-how to help keep your employees in top form, all along their wellness journey.

What we offer



Personalized care for your employees, with the support of a world-class team

With our renowned physicians, dietitians, kinesiologists and other key providers, your employees benefit from a complete team of health and wellness professionals under one roof. Each of your employees will get a dedicated care team who will create a tailored plan that optimizes their health and longevity, and helps them achieve their healthcare goals.



On time and unhurried

We ensure all our appointments run on time, so your employees will get the dedicated, unhurried care they deserve. We even have a convenient on-site laboratory, so your employees can save time by getting tested during their health assessment.



Best-in-class technology

In addition to advanced facilities and the latest diagnostic technology, we offer 24/7 virtual care, automated appointment reminders, and online access to healthcare information to optimize your employees' experience with us.



Care that's easy to manage

Maybe you already have a wellness program and are just looking to optimize results. Or maybe you're just starting out and need an end-to-end solution. No matter where you stand, we have the resources and training to plan, manage and deliver programs that suit your business model.



Our services

Good health is good business. TELUS Health Care Centres help you look after your top talent with comprehensive care that meets their needs and delivers the best possible healthcare outcomes. From superior clinical services to an experienced team by their side, we promise quality care without compromise for your hard-working team.

Preventive health assessments

A regular head-to-toe assessment can identify subtle changes in health and help detect disease early on. We proactively identify and treat health issues before they become a concern.

- Full body check-up
- Cardiovascular assessment*
- Muscle fitness
- Echography*
- Immunizations*
- Nutrition coaching

Some aspects of the above may vary depending upon the patient's age, gender, and personal risk factors, as well as provincial and College regulations. In Québec, a patient can only do the tests noted with an asterisk (*) if the physician determines that these tests are medically necessary during the patient's initial medical assessment.

Customized wellness services

Good health is a lifelong journey. We address all aspects of employee wellness, from medical intervention and mental health to self-care and lifestyle management.

- Express biometric screening
- Workstation ergonomic assessment
- Organizational health audits
- Nutrition and weight management
- Individual and group fitness
- Mental health support
- Lifestyle and behaviour coaching
- Virtual wellness workshops
- E-challenges

Wellness in your workplace

If you're looking for on-site wellness services, we have the resources to deliver care right to your office.

- Express biometric screening
- Wellness and fitness seminars
- On-site fitness facilities and programs
- On-site flu shots/vaccines

Travel health clinic

Keep your executives healthy and safe not just at home, but while they're abroad, too.

- Travel vaccinations
- Travel health advisory
- Medical emergency support
- Immigration medical exams

Virtual care 24/7

Our Virtual Care application allows your employees and their family to conduct medical consultations right on their phone or computer, by encrypted text or video chat.

- Virtual access to clinicians for primary care and mental health care
- Prescription renewals, specialist referrals and lab requisitions
- Access to the medical notes from previous virtual consults, available to our healthcare professionals





The TELUS Health difference

Increased access and continuity of care

Our integrated set of care services and latest technologies, spanning both physical and virtual care on demand, will help your teams save time and get greater access to quality care and to a first-class medical experience, anywhere, anytime.

Full suite of services

Our end-to-end suite of technology-enabled health and wellness solutions – from preventive health assessments to nutrition, genetic testing, mental health and more – connects your people with a vast network of healthcare providers and continued reliable service.

Profound insights

Our electronic medical systems with numerous data points and deep analytical capabilities help deliver more accurate and timely diagnoses and facilitate collaboration between your employees' different healthcare providers, so they can provide the absolute best care for them.



Helping your employees
take the first step towards
better health.

Where to find us:



Contact our team

Toll-free number
1-800-361-3493
telushealth.com/carecentres